



Keys AHEC
Health Centers

I consent to have this no cost health assessment for _____ (Patient Name)

Signature

Date

Parent Name (Please Print) _____

PLEASE PRINT CAREFULLY

Patient Name: Last _____ First _____

Date of Birth _____ Allergies _____

Phone #: _____ E-mail: _____

AUC Will Complete the Information Below:

HEIGHT _____ WEIGHT _____

BMI _____ Oxygen Sat: _____

Fasting Blood Sugar _____ Blood Pressure _____

- **Blood Sugar Levels 100 or Less is Normal**
- **Above 100 to 120 is Pre-Diabetic**

If you or your child has elevated blood sugar levels or a high BMI, start with diet and exercise eating healthy foods.

- **Blood Sugar Levels above 130**-Same as pre diabetic and make an appointment with a Pediatrician or Health Center as soon as possible to receive necessary care, testing and treatment.

PLEASE PLACE THIS CARD IN YOUR WALLET FOR FUTURE REFERENCE.

SAVE TIME, SAVE MONEY AND GET WELL!
FROM ALL OF US AT AUC KEY LARGO